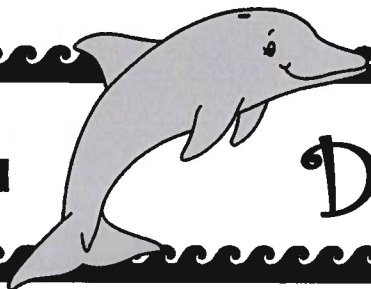


Mary H. Matula Elementary School

October 6, 2022



Dolphins' Cove

Students Illness and Return to School

According to the CCPS Endemic SOPs, revised August 17, 2022, "students who are sick or sent home from school must remain out for the day of illness plus at least 24 hours. The student should be symptom-free without using symptom-treating medication for at least 24 hours."

Should you have student-specific questions, please feel free to call Ms. Garner, school nurse.

Late Arrivals

Any student arriving after 9:20 AM must be walked into the building and signed in on the main office computer by an adult. Students may not be sent in by themselves.

Please note that breakfast ends at 9:20 AM.

Food and Drink at School

Recently, students have been walking into school in the mornings eating and drinking breakfast items. Students need to finish all breakfast items before they will be permitted to enter the school. They are also welcome to purchase breakfast from the school cafeteria should that work better for your family.

Car Rider Families

Car riders are dismissed at 4:00 PM as soon as buses depart Matula's parking lot. Please be in line by this time. Each day, our system is getting smoother, and car rider pick up is usually completed by 4:10 PM.

Information is attached about a girls' volleyball clinic for 5th and 6th graders being sponsored by the Lady Warrior Volleyball team.

Calendar of Events

Monday, October 10 - Schools Closed for Students - Parent/Teacher Conferences

Wednesday, October 12 - Boosterthon Registration Opens

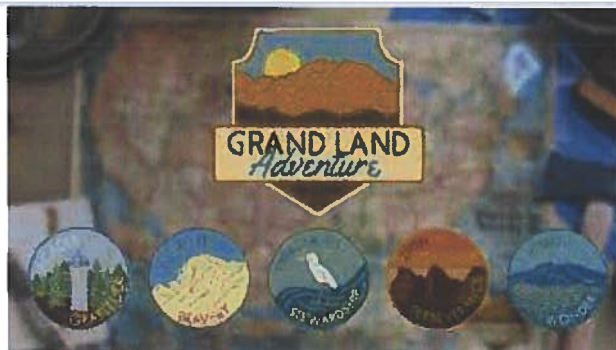
Monday, October 17 - All 1st Grade Classes visit JER Science Center

Wednesday, October 19 - Wear ORANGE in celebration of UNITY DAY and say NO to bullying!

Friday, October 21 - 2 Hour Early Dismissal Day; Kindergarten Field Trip

Monday, October 24 - PTO Meeting - 7:00 PM in the cafeteria

Wednesday, October 26 - Boosterthon Begins!!!



Friday, October 28 - PTO Trunk or Treat - 6:30-8:30 PM - More information to come!

Monday, October 31 - Happy Halloween - Please do not allow students to wear costumes to school today!



Mini Day Camp

Volleyball

The Lady Warrior Volleyball team presents their third annual mini day camp. This camp will focus on building skills, learning the game, and help to continue sparking interest in the game of volleyball. The camp will be led by the volleyball coaching staff and players. The camp is open to any 5th-8th grade girls. Beverages, snacks, and a water bottle will be included in registration fee. Please make sure all registrations are in by 10/24/2022.

Where: La Plata High School Gymnasium

When: Saturday, October 29, 2022

Time: 5th & 6th Graders 8:30 am-10:30 am

7th & 8th Graders 11:00 am-1:00 pm

Cost: \$40 per student

- Registration can be done online at [MySchoolBucks.com](https://myschoolbucks.com)
- Or you may register using the form below and send in a check to:
 - La Plata High School, Attn: Christine Owens
 - 6035 Radio Station Rd, La Plata, MD 20646.
 - All checks made out to La Plata High School.

Student Name: _____

Age: _____ **School:** _____

Parent Name: _____

Parent Phone: _____

Parent Signature: _____

List any allergies or medical issues: _____

La Plata High School Volleyball Clinic

Objective: The purpose of this volleyball clinic is to provide basic volleyball instruction to 5th through 8th graders. There will be an emphasis on basic footwork and basic technique in the following skills: passing, setting, serving, and hitting. This will be done through basic drills that will involve partners and/or groups of 4-12 players.

Clinic coaches: All coaching will be done by the 4 coaches on the La Plata volleyball coaching staff and the current players on the La Plata Volleyball team.

Equipment provided by the clinic: The only equipment that will be used are volleyballs and nets. All the equipment is already on site.

Equipment provided by clinic attendees:

- Athletic clothing (shorts and T-SHIRT, no tank tops.)
- Athletic shoes
- Knee pads
- Water bottle

Volleyball etiquette:

- At no time should ball be slammed on the floor out of frustration.
- A ball should always be rolled under the net to get it to the other side, NEVER thrown over the net.
- If a ball should get loose on the floor, "BALL" should be yelled to warn other to stop playing to avoid injury.
- Only encouraging and supporting comments should be made to other players.
- Proper respect should be given to coaches at all times.

I Understand the Following. . .

- I must immediately report any incidents that result in injury, to include anything from a floor burn on skin to anything more severe.
- Using or handling volleyballs or the net for anything other than their intended purpose in unacceptable behavior and will result in disciplinary action.
- No food or drinks may be open or near the playing floor
- Any response to exposure to blood or other bodily fluids shall reference and follow the CCBOE Bloodborne Pathogens Exposure Control Plan.
- The facility offering the lessons will be responsible for instructions and the liabilities of such.

By not following the above procedures I will be at risk for removal from a drill or the entire clinic.

This safety agreement must be signed by myself and a parent/guardian in order to be admitted to the clinic.

Student's signature _____ **Date** _____

Risk: I fully understand and acknowledge that even with a gym and school safety plan in place:

(a) risks and dangers exist in my child's use of athletic equipment and my child's participation in athletic activities which may result in injury or damage to personal property caused by other participants, by accidents, or by the forces of nature of other causes, (b) risks and dangers may arise from unknown or unforeseeable causes and I hereby accept and assume these risks and dangers for myself and on behalf of my child participating in such activities.

In case of an emergency or serious illness, I hereby authorize school employees and chaperones to arrange medical treatment for my child, and I request that the school, either prior to treatment when practicable or as soon afterwards as possible, contact me or another person previously identified to the school as an emergency contact.

Parent Signature: _____ **Date** _____

**If there are any questions or concerns please contact
Coach Christine Owens at cowens@ccboe.com**